



JACOBS LADDER IS HERE!

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on Jacobs Ladder



Jacobs Ladder

Scan for more info
on JLX



JLX

EASY ON JOINTS AND BACK

The Ladder's 40 degree angle offers natural climbing motion, which takes stress off of lower back, hips and knees.

OFFERS DIGITAL FEEDBACK

This piece of gym equipment provides digital feedback on elapsed time, how many feet were climbed, rate of speed, and calorie burn.

FOUR WORKOUT POSITIONS

The JLX offers side rail, stand-up, sled drive and hand over hand climbing positions, allowing you to target different muscle groups at different intensity levels.

IMPROVED DIGITAL DASHBOARD

The new dashboard design provides more insight on your workout, including calorie burn, climb rate, total feet climbed and workout intensity level.

JL/JLX SELF-POWERED

The self-powered Jacobs Ladder does not need to be plugged into a wall outlet to be an effective piece of gym equipment.



www.btbfitness.ca

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COREHEALTHANDFITNESS.COM