

NIKE RUBBER BUMPER PLATE

FEATURES:

- **Low Bounce:** Made with virgin rubber that helps prevent damage to floors and barbells while reducing noise during drops
- **Versatile:** Perfect for use in a wide variety of weightlifting exercises, including Olympic weightlifting, powerlifting, bodybuilding, and general fitness
- **Rigorously tested:** Drop tested 10,000 times to meet strict durability standards so plates can withstand repeated drops*

SPECS:

- Fits All Standard 2' (50mm) Barbell Sleeves
- Thickness: 0.98" to 2.8" depending on weight
- Diameter: 450mm
- Weight Precision: +/- 1%
- Bounce: Low, durometer of 88 +/- 3

*10 & 15 lb plates are not to be dropped alone. Must be paired with 25 lb plates or above



2.83 IN 2.40 IN 1.81 IN 1.22 IN 0.98 IN



Warranty: Visit www.precor.com for warranty terms.


BEYOND THE BASICS

NIKE GRIND BUMPER PLATE

FEATURES:

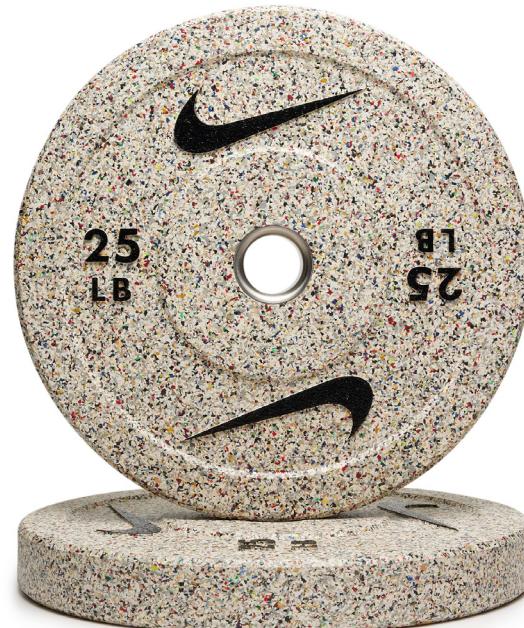
- **Made with Nike Grind:** Measured by total product volume, each plate is made with at least 30% Nike Grind, a recycled material made from Nike's footwear manufacturing process
- **Versatile:** Perfect for use in a wide variety of weightlifting exercises, including Olympic weightlifting, powerlifting, bodybuilding, and general fitness
- **Rigorously tested:** Drop tested 10,000 times to meet strict durability standards so plates can withstand repeated drops*

SPECS:

- Fits All Standard 2' (50mm) Barbell Sleeves
- Thickness: 1.6" to 3.2" depending on weight
- Diameter: 450mm
- Weight Precision: +/- 1%
- Bounce: Moderate, durometer of 65 +/- 3

Please Note: The Nike Grind Bumper Plates may yellow over time as they are exposed to ultraviolet rays such as sunlight or heat. This natural process will not affect the integrity or friction of the plate”

*10 & 15 lb plates are not to be dropped alone. Must be paired with 25 lb plates or above



3.15 IN 2.68 IN 2.20 IN 1.57 IN 1.10 IN



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